

New ITV Guidance Series for 2007-2008

Becoming a Better Me [CC] **Guidance**
Grades K–5 **12–15 Minutes/8 Lessons**

This series helps students build self-confidence, responsibility, self esteem, and self control. Students see peers act out scenarios that clearly model desired behaviors about controlling anger and stopping bullying before it gets out of control.

Rights: Unlimited broadcast/off-air record (no tape duplication)

Becoming Successful in Middle School [CC] **Guidance**
Grades 5–9 **18–26 Minutes/10 Lessons**

This series addresses important issues and concerns that young teens are grappling with such as handling difficult emotions, dealing with crisis and coping with peer pressure. It also teaches assertiveness skills, decision-making skills, study skills and the rules of common courtesy.

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Careers in Construction SL [CC] **Career Education**
Grades 5–12 **23 Minutes/1 Lesson**

Provided by the National Center for Construction and Research, these fast-paced programs present construction careers in an entertaining and informative format, taking a look at what opportunities this career area has to offer to young people.

Rights: **Unlimited**

Connect with Kids At-Risk [CC] **Guidance/Health/Character Education**
Grades 6–12 **20 Minutes/6 Lessons**

This series features true stories and real kids in a peer-to-peer format that focuses on at-risk issues kids face everyday. It helps teens with sharing their struggles and successes so they can understand and improve their own attitudes, behaviors and decision-making skills. Internet concerns such as cyber bullying and chat rooms are included.

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Exploring Healthy Choices [CC] **Health/Guidance**
Grades 6–12 **19–28 Minutes/6 Lessons**

This series teaches students vital information concerning key areas of their health – maintaining a healthy weight, proper nutrition, portion control, getting enough sleep, understanding the dangers of drowsy driving, and suicide prevention.

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Forgotten Son SL [CC] **Health/Guidance**
Grades 4–12 **14 Minutes/1 Lesson**

The realities of methamphetamine abuse hit home in this moving program about a teen boy's life turned upside down by his mother's addiction. Billy has a secret. His mother's addiction is destroying both of their lives. Billy reaches out for help, but is it too late?

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NOTE: Teachers should preview before use.

XPress: Student Topics SL [CC] **Guidance/Character Education**
Grades 6–12 **57 Minutes/2 Lessons**

Produced on location around the state and featuring middle and high school students from local schools, this teen-issues driven series is hosted by Dr. Glen Walter, former school psychologist. Teens discuss topics that are of interest to them and teens from around the state can call in during the program. Topics include school uniforms and citizenship—getting ready to vote. **Rights:** Unlimited

